

# Northern Qualifier – Girls AAA

## 100-Meter Dash

Place	Name	School	Grade	Time
1	Elyse Goode	Ambridge	11	12.8
2	Ashley Zinkhann	Seneca Valley	11	12.9
2	Shateeya Ford	Shaler	10	12.9
4	Casey Hall	Moon	11	13.0
5	Connie Derzack	Pine-Richland	12	13.1
6	Carrie Wack	Seneca Valley	10	13.2
7	Megan Harding	North Hills	10	13.3
8	Julie Bobby	Butler	11	13.4

## 200-Meter Dash

Place	Name	School	Grade	Time
1	Elyse Goode	Ambridge	11	25.4
2	Becky Fortune	Fox Chapel	12	26.1
3	Carrie Wack	Seneca Valley	10	26.2
4	Lindsey Appel	North Allegheny	9	26.3
5	Shante Cook	Moon	11	26.5
6	Ashley Zinhann	Seneca Valley	11	26.6
7	Erica Moody	Oakland Catholic	11	26.9
7	Amanda Kinross	Fox Chapel	12	26.9

## 400-Meter Dash

Place	Name	School	Grade	Time
1	Krystal Epps	Butler	12	58.4
2	Erica Moody	Oakland Catholic	11	59.9
3	Nicole Carter	Shaler	11	1:00.11
4	Emma Reed	Hampton	9	1:00.8
5	Kate DeGeorge	Shaler	10	1:02.1
6	Shonte Cook	Moon	11	1:02.11
7	Kalijah Mohammed	Moon	10	1:02.2
8	Andrea Moore	Pine-Richland	10	1:02.21

## 800-Meter Run

Place	Name	School	Grade	Time
1	Molly Friel	North Allegheny	11	2:24.2
2	Krystal Epps	Butler	12	2:24.8
3	Molly Linhart	Fox Chapel	9	2:28.2
4	Meg Laufman	Oakland Catholic	12	2:30.4
5	Christie Hebda	North Hills	11	2:31.3
6	Abi May	Shaler	9	2:31.4
7	Kyra Kane	Hampton	10	2:31.5
8	Jenielle Hunt	North Hills	9	2:32.5

# Central Qualifier – Boys AAA

## 1600-Meter Run

Place	Name	School	Grade	Time
1	Samantha Howard	Moon	11	5:17.5
2	Susan Fletcher	Seneca Valley	11	5:18.5
3	Brittany Zaborowski	Mars	9	5:23.1
4	Lexa Gass	Moon	9	5:23.4
5	Nikki Antoszewski	Hampton	9	5:24.3
6	Jenielle Hunt	North Hills	9	5:26.8
7	Lisa Nickel	Shaler	9	5:29.0
8	Lauren Lorenzi	North Allegheny	10	5:32.0

## 3200-Meter Run

Place	Name	School	Grade	Time
1	Samantha Howard	Moon	11	11:41.0
2	Lexa Gass	Moon	9	11:43.0
3	Amy Ruffolo	North Allegheny	11	11:45.6
4	Kelly O'Brien	North Allegheny	9	11:46.3
5	Sarah Burd	Hampton	10	11:47.7
6	Candace Coholich	Hampton	11	11:50.6
7	Michelle Diez	North Allegheny	9	11:53.9
8	Mary Hamilton	Oakland Catholic	9	11:57.0

## 100-Meter Hurdles

Place	Name	School	Grade	Time
1	Julianna Reed	Hampton	12	14.8
2	Kim Markel	North Allegheny	12	14.9
3	Melanie Buczko	Butler	12	15.7
4	Kelly Costello	North Hills	12	16.1
5	Kristen Connelly	North Allegheny	12	16.3
6	Emily Thomas	Seneca Valley	12	16.4
7	Mara Miller	Fox Chapel	9	16.8
8	Staci Boretzky	North Hills	10	16.91

## 300-Meter Hurdles

Place	Name	School	Grade	Time
1	Julianna Reed	Hampton	12	43.7
2	Kim Markel	North Allegheny	12	44.3
3	Emily Thomas	Seneca Valley	12	46.3
4	Ashley Solyan	Ambridge	10	47.1
5	Kristen Connelly	North Allegheny	12	47.2
6	Kim Chapman	Seneca Valley	10	48.1
7	Staci Boretzky	North Hills	10	48.9
8	Molly Sykes	Shaler	11	49.1

# Central Qualifier – Boys AAA

## 400-Meter Relay

Place	Name	School	Grade	Time
1		Butler		50.8
2		Seneca Valley		50.9
3		Moon		51.0
4		North Hills		51.2
5		Shaler		51.7
6		New Castle		51.8
7		Mars		52.1
8		Fox Chapel		52.4

## 1600-Meter Relay

Place	Name	School	Grade	Time
1		North Allegheny		4:03.6
2		Butler		4:04.8
3		Fox Chapel		4:10.5
4		Mars		4:11.2
5		Seneca Valley		4:12.7
6		Shaler		4:12.8
7		Oakland Catholic		4:17.3
8		Moon		4:19.2

## 3200-Meter Relay

Place	Name	School	Grade	Time
1		North Allegheny		9:51.8
2		Shaler		9:58.9
3		Hampton		9:59.2
4		Montour		10:00.0
5		Butler		10:05.8
6		Fox Chapel		10:37.0
7		Mars		10:41.0
8		Oakland Catholic		10:42.0

# Central Qualifier – Boys AAA

## Long Jump

Place	Name	School	Grade	Distance
1	Melanie Miller	Mars	12	16-8
2	Mara Miller	Fox Chapel	9	16-6
3	Sarah Rehm	Butler	11	16-0
4	Rachel McCall	Knoch	10	15-10 ½
5	Kelly Costello	North Hills	12	15-10
6	Haley Wojdowski	Mars	12	15-9
6	Claire Fleegeer	Knoch	12	15-9
8	Amanda Schmidt	Butler	12	15-8

## High Jump

Place	Name	School	Grade	Height
1	Lindsey Bihler	Montour	12	5-0
1	Kim Markel	North Allegheny	12	5-0
1	Sarah Thiebaud	Butler	10	5-0
1	Shannon Yon	North Allegheny	11	5-0
1	Rachel Smyers	North Hills	9	5-0
1	Stephanie Powell	Blackhawk	11	5-0
1	Gabby Zagari	Montour	11	5-0
1	Suzanne Fries	Shaler	11	5-0

## Triple Jump

Place	Name	School	Grade	Distance
1	Sarah Thiebaud	Butler	10	35-1
2	Shannon Yon	North Allegheny	11	34-8 ¾
3	Rebecca Maples	North Allegheny	10	34-6
4	Diane Kress	North Hills	10	34-5
5	Sarah Rehm	Butler	11	34- ½
6	Claire Fleegeer	Knoch	12	33-10
7	Mara Miller	Fox Chapel	9	33-6 ¾
8	Emily Thomas	Seneca Valley	12	33-1

## Pole Vault

Place	Name	School	Grade	Height
1	Melanie Buczko	Butler	12	11-0
2	Emily Chiappini	Butler	10	10-6
3	Stephanie Schiebel	Butler	12	10-0
4	Bevin Farthing	Blackhawk	11	9-0
4	Melissa Gibson	North Hills	10	9-0
6	Emily Pease	Moon	11	8-6
6	Megan McKee	Pine-Richland	9	8-6
6	Allison Cullen-Doyle	Shaler	12	8-6

# Central Qualifier – Boys AAA

## Discus

Place	Name	School	Grade	Distance
1	Lori Merriman	North Allegheny	12	113-4
2	Kendra Singletary	Montour	12	113-1
3	Kathy Garman	North Allegheny	11	108-0
4	Tara Maxwell	Butler	10	107-3
5	Caitlin Hubbard	Pine-Richland	12	101-8
6	Amanda Cooper	Knoch	12	95-7
7	Liz Marko	Montour	11	91-7
8	Jen Monteleone	Fox Chapel	10	90-5

## Javelin

Place	Name	School	Grade	Distance
1	Holly Geibel	Butler	12	139-0
2	Kerri Melis	Knoch	11	122-11
3	Leeanne Lukcic	Oakland Catholic	12	122-7
4	Alyson Miske	Montour	12	115-0
5	Caitlin Hubbard	Pine-Richland	12	108-8
6	Emily Ford	Seneca Valley	12	103-8
7	Melissa Hanson	Knoch	12	103-5
8	Katie Hobbs	North Allegheny	12	100-7

## Shot Put

Place	Name	School	Grade	Distance
1	Kendra Singletary	Montour	12	37-4 ½
2	Lori Merriman	North Allegheny	12	35-8 ½
3	Tara Maxwell	Butler	10	35-6
4	Amanda Cooper	Knoch	12	34-7 ½
5	Alison Schmidt	Butler	10	34-7
6	Renae Slater	Butler	12	34-1 ½
7	Heather Battaglia	Blackhawk	12	31-9 ½
8	Chrissy Sheard	Montour	10	31-4